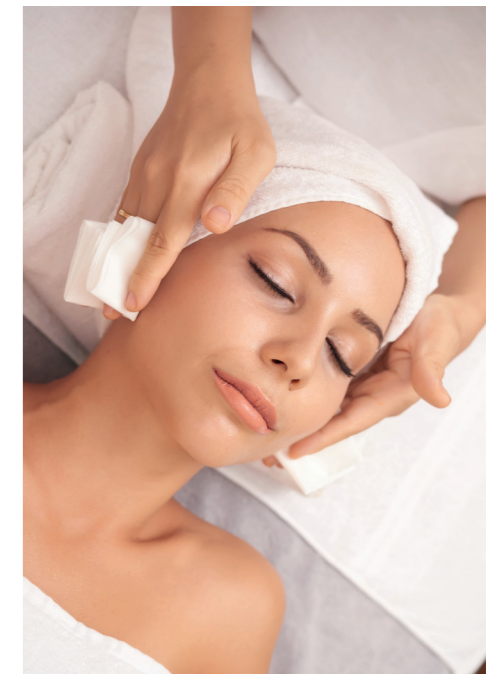


THE WELCOMBE SPA

SPA DAYS & TREATMENTS



THE
Welcombe
HOTEL | GOLF | SPA



RELAX AND REVIVE

The Welcombe Spa offers a tranquil escape from everyday life. Allow our team of professional therapists, trained in ELEMIS and TEMPLESPA treatments, to help melt away any tension and breathe new life into your skin. Alternatively, take time to sit back and relax in our state-of-the-art spa and nurture your well-being.

All bookings have full access to our relaxing spa facilities listed below:

- ◇ 15-metre indoor swimming pool
- ◇ Swedish sauna & steam room
- ◇ Laconicum tepidarium
- ◇ Tropical & polar storm showers
- ◇ Thermal loungers
- ◇ Foot spa
- ◇ Poolside whirlpool
- ◇ Gym



SPA DAYS

SPEND THE DAY WITH US

Experience ultimate relaxation with our full-day spa facility packages. Enjoy full access to our state-of-the-art facilities, and let time slip away as you bask in the serenity of the luxurious surroundings. Add on a robe and towel for an extra £5.00pp.

SPA EXPERIENCE

Monday - Thursday | £25.00pp

Friday - Sunday | £35.00pp

Elevate your well-being and embrace the luxurious pampering you deserve, with our spa experience package. This package gives you full access to all of our spa facilities. Your path to serenity starts here.

SWEET SPA DAY

Monday - Thursday | £40.00pp

Friday - Sunday | £50.00pp

Unveil true relaxation with a culinary delight on your sweet spa day. Make use of all of our rejuvenating facilities for the full day, and top it off with a decadent Afternoon Tea.

HALF DAY SPA RETREATS

Whether you're seeking a revitalizing solo getaway, quality time with loved ones, or a memorable gift for someone special, our half day spa retreats are crafted to deliver an enchanting experience to remember.

MORNING HARMONY

Monday - Friday | £45.00pp

- ◇ Morning Pastries
- ◇ Tea / Coffee
- ◇ Use of the facilities from 9am – 1pm
- ◇ Robe and Towels

Add a 25 minute treatment for £25.00

- Scalp, neck and shoulder massage
- ELEMIS Personalised Prescriptive Facial
- Lower leg and foot massage

AFTERNOON SERENITY

Monday - Friday | £75.00pp

Saturday - Sunday | £85.00pp

- ◇ Delicious Afternoon Tea
- ◇ Use of the facilities from 12pm – 4pm
- ◇ Robes and Towels
- ◇ Choose one of these 25 minute treatments
 - Scalp, neck and shoulder massage
 - ELEMIS Personalised Prescriptive Facial
 - Lower leg and foot massage



FULL DAY SPA RETREATS

Let your well-being take centre stage with our choice of full-day spa retreats. Embrace the luxurious pampering you deserve, with invigorating treatments and full use of our relaxing spa facilities.

WELL-BEING & RENEWAL SPA DAY

Monday - Friday | £79.00pp

Saturday - Sunday | £89.00pp

Renew your sense of vitality. Indulge in a rejuvenating scalp massage or lower leg treatment and let our skilled therapists melt away tension and stress, promoting circulation. Emerge feeling refreshed and revitalized.

- ◇ Delicious afternoon tea
- ◇ Use of the facilities from 10am – 5pm
- ◇ Robes and towels
- ◇ Choose one 25 minute treatment
 - Scalp, neck and shoulder massage
 - Lower leg and foot treatment



PRO-GLOW SPA DAY

Monday - Friday | £109.00pp

Saturday - Sunday | £119.00pp

Embark on a spa day that will leave you with a radiant glow. With full access to the spa, a delectable afternoon tea and a premium ELEMIS facial, this package is undoubtedly a favourite! Your facial will be guided by our therapists based on your skin type – your glowing results are in capable hands.

- ◇ Delicious afternoon tea
- ◇ Use of the spa facilities from 10am – 5pm
- ◇ Robes and towels
- ◇ Choose from one of our 55 minute ELEMIS Facials:
 - Renewal
 - Smooth
 - Resurface
 - Brilliance

DRIFT AWAY SPA DAY

Monday - Friday | £115.00pp

Saturday - Sunday | £125.00pp

A true treat! For those who are looking for a complete day of self-care, this is the spa day for you. Including our favourite TEMPLESPA Massage, using their dreamy 'Drift Away' body oil, complete with a blend of Mediterranean oils. This top to toe massage is perfect for those who needs to take some well-deserved 'me time'.

- ◇ Begin your day with delicious pastries served with a warm beverage
 - ◇ Drift away with a relaxing full body massage using our aromatherapy oils from TEMPLESPA
 - ◇ Delicious afternoon tea
 - ◇ Use of our spa facilities from 10am – 5pm
- Upgrade to our deep tissue massage for an additional £10.

TREATMENTS



SIGNATURE TREATMENTS

Our skilled therapists curate each treatment to address your unique needs. From tension-releasing massages to revitalizing facials, experience personalised indulgence at its finest.

ELEMIS PERSONALISED PRESCRIPTIVE FACIAL

Monday - Sunday | £48

One of our favourites! This facial is a great introduction to the ELEMIS brand. With clinically proven results and our therapists trained to the highest standard, your skin will feel brand new and drenched with hydration!

SWEDISH FULL BODY MASSAGE

Monday - Sunday | £89

Relax from head to toe with our Swedish body massage. Using grapeseed oil, your therapist will work with you to target areas of tension and revive the mind and body.

BACK NECK AND SHOULDER MASSAGE

Monday - Sunday | £50.00

Using grapeseed oil, this back, neck and shoulder massage releases any unwanted tension. Your therapist will focus on your specific areas of concern and your back will be left feeling as though a weight has gracefully been lifted away.

LOWER LEG AND FOOT RITUAL

Monday - Sunday | £48.00

Suffering from lower leg and foot tension? this is the treatment for you. Following a hot mitt cleanse, your feet will be exfoliated and massaged. Targeting areas of tension, your therapist will work with you and your feet to ensure you leave with your feet feeling brand new.

SCALP, NECK & SHOULDER MASSAGE

Monday - Sunday | £45.00

Focusing on the scalp, neck and shoulder areas, this 25 minute treatment targets areas of tension and soothes the mind.

HYDRATING HAND AND NAIL TREATMENT

Monday - Sunday | £60.00

Our hands go through a lot day to day, they deserve a hydrating treat! With a sumptuous scrub, warm mitts and a hand and arm massage, your hands and arms will leave the room feeling super hydrated and silky smooth. Complete with file, cuticle tidy and a nourishing nail treatment.

(No nail lacquer is applied during this treatment)

NOURISHING LOWER LEG AND FOOT TREATMENT

Monday - Sunday | £60.00

Leave the spa with your feet feeling fabulous! With our skin smoothing salt scrub, your skilled therapist will massage your lower legs and feet, leaving your skin feeling intensely hydrated. Finishing this treatment with nail maintenance, your feet will feel brand new.



ELEMIS FACIAL TREATMENTS

ELEMIS PERSONALISED PRESCRIPTIVE FACIAL

25 minutes | £49.00

An introduction to ELEMIS. Your ELEMIS professional therapist will put together a skincare regime to suit your unique skin's needs, ensuring optimal results. 25 minute treatment.

ELEMIS PRO-GLOW

55 minutes | £86.00

Choose from one of the below facials: Please note, your ELEMIS therapist will work with you during your consultation to ensure you choose the correct facial for you and your skin. The chosen facial is just a guideline for your therapist.

PRO-GLOW RENEWAL FACIAL

ELEMIS' signature deep cleansing skin wellness facial, showcasing prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit-from-within glow. In one treatment, skin looks visibly refreshed and rebalanced

PRO-GLOW SMOOTH FACIAL

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

PRO-GLOW RE-SURFACE FACIAL

Purify and brighten as your skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

PRO-GLOW BRILLIANCE FACIAL

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh radiant and healthy.



TEMPLESPA BODY TREATMENTS

DRIFT AWAY FULL BODY MASSAGE

Monday - Sunday | £89.00

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender and Patchouli, is guaranteed to have you drifting away.

WORK IT OUT MASSAGE

Monday - Sunday | £99.00

A detoxifying, deep tissue massage that relieves fluid retention and works out tired, aching muscles. Using the ingenious 'WORK IT OUT' detox oil, including essential oils of Juniper, Lavender, Cypress.



GIVE THE GIFT OF THE WELCOMBE

Discover the ultimate gift for those you cherish with The Welcombe Spa Gift Vouchers. Our Spa Experience Gift Vouchers offer a range of luxurious treatments and therapies that are tailored to soothe the mind, body and soul.

Browse our wide range of vouchers on our website: thewelcombehotel.wearegifted.co.uk



USEFUL INFORMATION

PREGNANCY TREATMENTS

Here in the spa, we offer specialised pregnancy treatments. Our pregnancy massages are carried out by our advanced therapists and are subject to availability. Massage during pregnancy is suitable for clients past 12 weeks, any client under this 12 week mark we would advise to avoid any treatment until they reach this time. During pregnancy, clients are also able to have facials, manicures and pedicures. However, again, if a client is under 12 weeks any type of massage during these treatments would be removed for the safety of mum and the baby. To book a pregnancy treatment, please email the spa to ensure we book your treatment with an advanced specialist.

ATTIRE

We politely ask that underwear or swimwear is worn for all treatments with us, and for swimwear to be worn in the steam room, sauna and pool area at all times. Please bring flip flops if you are going to use the facilities, or you can purchase slippers in spa for an additional £2 per pack. Our therapists are trained to observe client modesty at all times.

ARRIVALS

We ask that you arrive at-least 15 minutes before your booked treatment time, to allow your therapist to prepare you ahead of the booking time.

HEALTH CONCERNS

Some treatments are not suitable for certain medical conditions, to ensure your safety we ask that you state any medical conditions at the time of booking and upon arrival at the Spa.

CANCELLATION POLICY

All treatments and spa days require a minimum of 48 hours notice to cancel for a full refund.





THE
Welcombe
HOTEL | GOLF | SPA

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Scan the QR Code to book
